



# William Dean public School

## 2025

### Canteen Menu



| SANDWICHES            |  |         | HOT FOOD          |   |   |         |
|-----------------------|--|---------|-------------------|---|---|---------|
| E                     | Vegemite   | \$ 2.20 | E                 | Beef Lasagne                                | \$ 5.00   |         |
| E                     | Jam - (Strawberry)                               | \$ 2.20 | E                 | Gluten Free Beef Lasagne                    | \$ 6.20   |         |
| E                     | Honey  | \$ 2.20 | E V               | Vegetable Lasagne                           | \$ 5.00   |         |
| E                     | Cheese   | \$ 2.40 | E H               | Chicken Burger                              | \$ 6.00   |         |
| E                     | Cheese & Vegemite                                | \$ 2.50 | E H               | Cheese Burger                               | \$ 6.00   |         |
| E                     | Ham  | \$ 2.50 | E V               | Macaroni cheese                             | \$ 5.00   |         |
| E                     | Ham, Cheese & Tomato                             | \$ 4.30 | E G               | Butter Chicken & Rice                       | \$ 5.00   |         |
| E                     | Chicken lettuce & Mayo                           | \$ 4.50 | E                 | Cheese Toastie                              | \$ 2.50   |         |
| E                     | Tuna   | \$ 4.00 | E                 | Ham & Cheese Toastie                        | \$ 3.00   |         |
| E                     | Salad (Lettuce,Tomato,Beetroot,Cucumber)         | \$ 4.50 | E                 | Corn cob                                    | \$ 2.20   |         |
| E                     | Add Ham  | \$ 0.50 | O H               | Chicken Nuggets (5)                         | \$ 4.50   |         |
| E                     | Add Cheese                                       | \$ 0.50 | O                 | Gluten Free Chicken Nuggets (5)             | \$ 5.50   |         |
| FROZEN ITEMS          |  |         | O H               | Hot Dog (Chicken)                           | \$ 5.00   |         |
| E                     | Sour Snap Stix - Raspberry                       | \$ 2.00 | O H               | Pizza - Margarita                           | \$ 6.00   |         |
| E                     | Sour Snap Stix - Blueberry                       | \$ 2.00 | O H               | Pizza - BBQ Chicken                         | \$ 6.00   |         |
| E                     | Sour Snap Stix - Grape                           | \$ 2.00 | O H               | Classic beef pie                            | \$ 4.50   |         |
| E                     | Sour Snap Stix - Watermelon                      | \$ 2.00 | O H               | Sausage Roll                                | \$ 4.30   |         |
| E                     | Juicies - Lemonade                               | \$ 2.20 | O                 | Garlic Bread                                | \$ 3.60   |         |
| E                     | Juicies - Tropical                               | \$ 2.20 |                   | Noodles - <b>Chicken</b>                    | \$ 4.00   |         |
| E                     | Juicies - Wildberry                              | \$ 2.20 | O                 | <b>Sauces</b>                               |   |         |
| E                     | Juicies - Apple                                  | \$ 2.20 | O                 | Tomato sauce                                | \$ 0.50   |         |
| E                     | Frozen Fruit in a cup - Mango                    | \$ 3.20 | O                 | BBQ sauce                                   | \$ 0.50   |         |
| E                     | Frozen Fruit in a cup - Mixed berries            | \$ 3.20 | EVERYDAY SNACKS   |   |   |         |
| O                     | Sugar Free Zooper Dooper                         | \$ 1.00 | E                 | Pancake                                     | \$ 2.00   |         |
| O                     | 98% Fat Free Vanilla Ice Cream                   | \$ 3.00 | E                 | Bread sticks - Classic flavour (4)          | \$ 1.00   |         |
| O                     | Moosies - Blue Moon                              | \$ 2.50 | E                 | Cheese Stringers                            | \$ 1.30   |         |
| O                     | Moosies - Chocolate                              | \$ 2.50 | E                 | Fruit cup - Pear                            | \$ 2.50   |         |
| DRINKS                |  |         | E                 | Fruit cup - Peaches                         | \$ 2.50   |         |
| E                     | Spring Water 600ml                               | \$ 2.50 | E                 | Fruit cup - Mango                           | \$ 2.50   |         |
| E                     | Chill J 100% Sparkling Fruit Juice, Cola         | \$ 2.60 | E                 | Fruit cup - Fruit Salad                     | \$ 2.50   |         |
| E                     | Chill J 100% Sparkling Fruit Juice, Lemonade     | \$ 2.60 | E                 | Carrot Sticks                               | \$ 1.50   |         |
| E                     | Chill J 100% Sparkling Fruit Juice, Raspberry    | \$ 2.60 | E                 | Tuna & Crackers - Mayo & Sweet Corn         | \$ 3.50   |         |
| E                     | Chill J 100% Sparkling Fruit Juice,Orange Passio | \$ 2.60 | E                 | Tuna & Crackers - Mayo & Wholegrain Mustard | \$ 3.50   |         |
| E                     | Chill J 100% Sparkling Fruit Juice, Watermelon   | \$ 2.60 | OCCASIONAL SNACKS |   |   |         |
| E                     | Juice popper - Apple                             | \$ 2.00 | O                 | Popcorn                                     | \$ 1.00   |         |
| E                     | Juice popper - Orange                            | \$ 2.00 | O                 | Jelly - Raspberry                           | \$ 1.00   |         |
| E                     | Juice popper - Apple Blackcurrant                | \$ 2.00 | O                 | Jelly - Lime                                | \$ 1.00   |         |
| E                     | Flavoured Milk 200ml - Chocolate                 | \$ 2.60 | O                 | Red Rock Deli Sea Salt Chips                | \$ 1.50   |         |
| E                     | Flavoured Milk 200ml - Strawberry                | \$ 2.60 | MEAL DEAL 1       |   |   |         |
| FRESH FRUIT & YOGHURT |  |         | E                 | Cheese burger                               |   | \$ 8.50 |
| E                     | Assorted Seasonal Fruit - Apple                  | \$ 1.20 | E                 | Fruit cup                                   |   |         |
| E                     | Assorted Seasonal Fruit - Banana                 | \$ 1.20 | E                 | Juice                                       |   |         |
| E                     | Assorted Seasonal Fruit - Pear                   | \$ 1.20 | MEAL DEAL 2       |   |   |         |
| E                     | Assorted Seasonal Fruit - Mandarin               | \$ 1.20 | E                 | Vegetable Lasagne                           |  | \$ 8.50 |
| E                     | Assorted Seasonal Fruit - Orange                 | \$ 1.20 | E                 | Yoghurt                                     |   |         |
| E                     | Yoghurt Squeeze - Vanilla                        | \$ 2.20 | E                 | Water                                       |   |         |
| E                     | Yoghurt Squeeze - Strawberry                     | \$ 2.20 |                   |   |   |         |
| E                     | Yoghurt Squeeze- Banana                          | \$ 2.20 |                   |   |   |         |
| E                     | Yoghurt Squeeze - Blueberry                      | \$ 2.20 |                   |   |   |         |

Students can place their lunch order in the designated money box outside the canteen OR in the lunch order basket in their classroom at the start of the day.

If parents need to order you can use the My School Connect App by downloading it on your phone or via computer.

[www.myschoolconnect.com.au](http://www.myschoolconnect.com.au)



At William Dean Public School our canteen supports 'NSW Healthy School Canteen Strategy' which promotes healthy eating. We aim to help students make a healthier food choice and ensure availability of healthy foods.

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G = GLUTEN FREE V = VEGETARIAN H = HALAL